



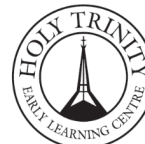
# **What else does Holy Trinity have to offer you and your family?**

- . Extracurricular activities**
- . Lunch-time clubs**
- . Before & After school care**
- . After school programs**
- . Individual music tuition**
- . Social sporting groups**

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# Holy Trinity ELC Before & After School Care



Faith, Hope & Love

## At Holy Trinity Early Learning Centre:

We aim to provide all children (4 -7 years old) with a learning environment that is play based, engaging, respectful and developmentally appropriate that will enable each child to begin their journey to being lifelong learners and responsible, compassionate global citizens. We are an authorised IB World school implementing the Primary Years Program.

## Contact Details:

Telephone	6281 7428 ELC 6281 4811 School
Email	<a href="mailto:elc.holytrinity@cg.catholic.edu.au">elc.holytrinity@cg.catholic.edu.au</a>
School Website	<a href="http://www.holytrinity.act.edu.au">www.holytrinity.act.edu.au</a>
Address	18-20 Theodore St Curtin ACT 2605
Office Hours	Monday – Friday 8.30am-3.30pm
Before School Care	7.30am - 9am
Preschool	9am - 3pm
After School Care	3pm - 6pm
Vacation Care	8am - 6pm Term 1, 2 & 3 holidays only

At Holy Trinity we endeavour to provide a warm, friendly and inviting environment for children, their families and our staff. Our play based program aims at developing the whole child – social, emotional, spiritual, physical and intellectual. We aim to create a wide variety of opportunities and experiences that will capture the interest and imagination of each child and we invite families to join in and participate in the ELC with us.

## Before school Care: Operates 7.30am – 9am during school term

### Program Goals-

- To provide a relaxed, comfortable and informal environment which enables children to prepare and get ready for preschool/school in their own time.
- To provide opportunities for social interactions with siblings, friends and peers.
- To provide opportunities for participation in a variety of games, craft and physical activities.

Current fees- \$19 per session

## After School Care Operates 3pm – 6pm

### Program Goals-

- To provide a nutritious afternoon snack.
- To provide a relaxed, comfortable and informal environment for the afternoon.
- To provide opportunities for social interactions with siblings, friends and staff.
- To provide opportunities for participation in a variety of games, crafts and physical activities.

Current fees- \$30 per session (afternoon tea is provided)

We look forward to getting to know our families.

Yours in Christ,  
Cushla Sheehan  
Director



## Before & After School Care

Kids Biz OSHC is one of the leading providers of out of school hours care (OSHC) with a proud 16 year history in the ACT. We provides affordable, high quality and inclusive child care incorporating sports coaching and creative group learning activities for all children. Our OSHC programs provide a diverse range of activities that have been specifically designed for primary school aged children. The well-established program and staffing structures enable children to engage in active learning that supports their development through play.

### Specialised Activities

We have extensive resources giving children the opportunity to explore their interests and develop new skills. Children can enjoy a variety of activities including: art and craft, sports coaching, science experiments, gymnastics, cooking and learn to draw activities. Detailed activity scheduling is also provided in advance, on a fortnightly basis, to assist families with their own planning and provide opportunity to engage with their children on their experiences.

Our staffing team plays an integral role in establishing a familiar and enjoyable environment. A significant number of our educators hold early childhood education qualifications and are recognised and valued for their commitment, knowledge, enthusiasm and diverse skills.



### Before School Care (7:00am – 9:00am daily)

A breakfast selection is available every morning and specialised activities designed and inspired by children attending. We use technology and creative resources to inspire ideas and get children engaged and ready for their school day.

### After School Care (3:00pm – 6:00pm daily)

Each afternoon we provide a healthy snack or feature food followed by daily specialised activities including: jumping castles, inflatable obstacle courses, 3D printers, virtual reality headsets, science equipment, cooking equipment, specialised sports equipment and more. This is in addition to our daily homework club, reading corner, games, lego, art, craft and more. You can view our activity schedule through the Kids Biz OSHC website [www.kidsbizoshc.com.au](http://www.kidsbizoshc.com.au)

### OSHC Capacity

The Kids Biz OSHC service at Holy Trinity has capacity for 150 children in before and after school care. Permanent places are allocated up to this number and casual places are made available wherever possible. Kids Biz have a staff to child ratio of at least 1:11.

### OSHC Fees for 2019

The fees for Kids Biz OSHC in 2019 are outlined below:



Care Type	Opening Times	Fee
BSC – Permanent	(7:00am – 9:00am)	\$20.50
BSC – Casual	(7:00am – 9:00am)	\$23.50
ASC – Permanent	(3:00pm – 6:00pm)	\$30.90
ASC – Casual	(3:00pm – 6:00pm)	\$33.90

### Hours of Operation

#### Before School Care

7:00am – 9:00am

#### After School Care

3:00pm – 6:00pm

### Enrol Here



Use the camera on your device to visit our enrolments page

**\*If you are entitled to the Child Care Subsidy (CCS) your fees will be reduced by up to 85%.**

### Payments

Direct Debit is used for all before and after school care payments and all fees are charged on the first day of each fortnight. A completed direct debit form will need to be provided before your 2019 enrolment can be confirmed.

### Contact Us – Courtney or Natasha

For more information please contact us via email at [admin@kidsbizoshc.com.au](mailto:admin@kidsbizoshc.com.au). You can also call us on 0439 927 053. Information on the OSHC programs and enrolment forms can be found on our website at [www.kidsbizoshc.com.au](http://www.kidsbizoshc.com.au)

**We look forward to welcoming your family to Kids Biz OSHC!**





## Start saving for Polar Savers rewards.

Here's how you redeem the rewards below:

1. Make 10 School Banking deposits – you'll receive one silver Dollarmites token each time you make a deposit (maximum one token per week).
2. Choose one of the rewards below and fill in the coupon that goes with it.
3. Put your chosen reward coupon and your 10 tokens in your Dollarmites deposit wallet and take it to school on your next School Banking Day.

# School Banking. Helping kids learn the value of saving.

### What pocket money can teach your child.

Pocket money can help teach kids about the value of money and how to look after it. However, there's no 'one size fits all' approach and it's important to decide what's right for your family. Research of over 1,000 parents of primary school students revealed that 55% give regular pocket money^ and here's how they manage it:



Over half give less than \$10 per week (\$5 - \$10 is the most common range). There's no right or wrong – the amount should suit your family situation.



Around 4 in 5 parents link pocket money to the completion of a chore or task. This can help children understand that money needs to be earned.



On average, kids save about half of their pocket money each week. Learning to put money aside for a bigger goal is a valuable life skill.

### Join the Dollarmites on a Polar Savers adventure.

The majority of parents think it's important to make learning about money engaging and to reward good saving behaviour^. So to help, our Dollarmites characters (Pru, Addy, Spen, Lucas and Pat) are taking School Bankers on a Polar Savers adventure, that's full of exciting rewards.

Students participating in School Banking will receive a silver Dollarmites token each time they make a School Banking deposit at school (maximum one per week). Once they've collected 10 tokens, they can redeem them for a Polar Savers reward.



#### Polar Savers Rewards:

- Term 1: Scented Stackable Highlighter, Snowy Origami Set
- Term 2: Yeti Fluffy Notebook, Icicle Slapband Ruler
- Term 3: Arctic Owl Fluffy Keyring, Scratch Art Cards
- Term 4: Water Skimming Bounce Ball, Polar Pencils & Pencil Toppers

# Lunch Time Clubs

## Choir: Mrs Felcher and Mr Sloane



**Day:** Monday

**Time:** Lunch time after eating

**Age Group:** Kindergarten to Year Six

**Info about your club:** Holy Trinity Choir. Students from across the school join together to learn and sing a diverse range of songs. The repertoire of the choir will include songs and chants from different regions in the world and across many time periods.

**Weekly sequence of activities:** Each week students will be introduced to new songs and review previously learnt repertoire. Students will also have opportunities to develop pieces for performances at events within our school and the wider community.

## Minecraft: Mr Sloane



**Day:** Tuesday

**Time:** Lunchtime (11:10am-11:40am)

**Age Group:** Years 2-6

**Info about your club:** Minecraft club is an opportunity for students to build and create amazing worlds within Minecraft. Students have the opportunity to work independently or collaborate with their peers to imagine, design and create.

**Weekly sequence of activities:** Each week students will collaborate and build new and existing worlds.

## Coding and Robotics Club: Mrs Casey



**Day:** Wednesday

**Time:** 11:10-11:40

**Age Group:** Yr 3-6

**Info about your club and weekly activities:**

**Robotics** - we build, create and program different robots such as VEX, Spheros, Lego WeDo and Beebots.

**Coding** - We experiment with different coding apps to create/problem solve. We use apps/websites such as code.org, Hopscotch, Scratch Jr., Kodable and Tynker.

## Writing Club: Ms Thompson-Lang



**Day:** Monday at Recess and Fridays at Lunch

**Where:** 5/6 Red

**Age Group:** Grades 3-6

**Info about your club:** We spend time writing together, sharing our work and talking about where our ideas come from. Students have the opportunity to seek feedback from their peers and receive encouragement and helpful suggestions. We discuss our favourite books and authors and their styles.



## Gardening Club: Ms Smith

**Day:** Tuesdays

**Time:** 11am – 11.40am

**Age Group:** Kinder – Year 6

**Info about your club:** Come along and join the fun of being a part of our kitchen garden.

### **Weekly sequence of activities:**

1. Watering - It is also a good way to teach children about rainwater harvesting and the need to value this precious resource.
2. Weeding
3. Sowing - sow seeds regularly, especially for fast croppers
4. Harvesting - we pick and pull as many crops as we can so the student has the chance to taste what they've grown. On occasion we take fruit and vegetables home to share with families.



## Sport: Mr Feerick

**Day:** Wednesdays and Fridays

**Time:** 11:10- 11:40

**Age Group:** Yrs 2-6

**Info about your club:** Organised team sports supervised by Mr Feerick and the sports committee. Students will have the chance to put their names in a team and take part in an organised game. Each game has a duration of 15 mins allowing for 2 games per day.

Some of the sports included in each term are: Term 1 Softball and Netball. Term 2 Soccer and Basketball. Term 3 Gridiron Netball, Softball. Term 4 Cricket



## Stay and Play

Stay and Play is a play group for pre-preschoolers and their carers. It is run from the ELC playground each Wednesday morning of school term from 9-10.30am (weather permitting).

All families are very welcome.



## Stay & Play

Play group for PRE-preschoolers and their carers.

\* **Wednesday 9am-10am**

Holy Trinity Early Learning Centre Playground,  
Theodore Street, Curtin

More information contact:

Cushla Sheehan  
Director, Holy Trinity Early Learning Centre  
6281 7428 or  
cushla.sheehan@cg.catholic.edu.au





## Holy Trinity Primary School Individual Music Tuition Opportunities

If your son or daughter would like to learn an instrument, Holy Trinity Primary School has a number of specialist private teachers available to provide instrument tuition during school hours.

Our instrumental teachers are happy to provide progress feedback to parents and are able to prepare students for exams. Lessons take place during school hours. In order to minimise disruption to your child's classroom program the instrumental teachers try to vary lesson times each week.

We currently offer tuition in piano, guitar and violin. Other instruments may be offered if there is sufficient interest so please ask!

There are currently vacancies for piano and violin. Expressions of interest for new guitar students are also welcome.

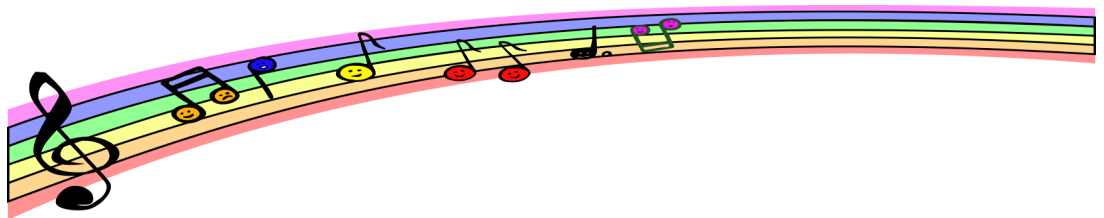
Fees and payments are negotiated directly between parents and music teachers, but generally range between \$35-45 per lesson. If your child is unable to attend their lesson, it is the responsibility of the parent to notify their music teacher directly.

Parents of young students or those commencing an instrument for the first time are welcome to attend initial lessons to assist in settling their child and establishing shared expectations with the teacher.

Information about our current music teachers is available from the private music tuition coordinator. **You will need to make direct contact with your preferred teacher to arrange lessons.**

**Instrument Hire** is available through the Canberra Young Music Society (ph 6291 9555) or Canberra Music Tuition (ph 6299 9154).

**If you have any questions about the Holy Trinity music tuition program, please contact the private music tuition co-ordinator, Gillian Reilly ([jasonandgillian@mac.com](mailto:jasonandgillian@mac.com)).**



### Teacher Profiles:

#### PIANO

**Azedah Atri – 0422 064 677 or [azadehatri@yahoo.com](mailto:azadehatri@yahoo.com)**

Azedah has been teaching piano in Canberra since 2004 and graduated from ANU's School of Music with first class Honours in 2009. She is currently studying a PhD student at ANU's School of Music.

**Day available:** Friday

**Cost:** By arrangement



## PIANO Continued:

**Judy Thompson - 6281 4946, 0439 980 699 or [ptho8728@bigpond.net.au](mailto:ptho8728@bigpond.net.au)**

Judy is an experienced teacher who has taught at Holy Trinity for the last 22 years. She also teaches at Garran Primary and Merici College and has a number of private students. Judy teaches the traditional way, and also enjoys teaching improvisation as well as preparing students for AMEB exams.

**Day available:** Tuesday

**Cost:** By arrangement

**Christine Morris – [playpiano@bigpond.com](mailto:playpiano@bigpond.com) and Mob 0431325283**

Christine is a Certified Simply Music teacher that has been teaching the program for the past 6 years from her private studio.

Simply Music is a revolutionary, Australian-developed piano method that offers an alternative in music education. Simply Music, offers a "hands-on" approach where students learn to play first then later learn to read music, just like children speak first before they learn to read.

Please check out the Simply Music website for more information [www.simplymusicinstitution.com](http://www.simplymusicinstitution.com)

**Days available:** Mondays for Private and Shared Lessons.

**Cost:** By arrangement

**Giselle Roberts (B.Ed, AMUSA, LMUSA) - [groberts@grapevine.com.au](mailto:groberts@grapevine.com.au) and mob 0412 982 708/ ph. 6231 0433.**

Giselle has been teaching piano for over 25 years. She is a former student of Joan Chia and Susan Powell from the Canberra School of Music, has her AMUSA, LMUSA as well as a Bachelor of Education in Music. She is currently studying for her FMUSA with Marcela Fiorillo. Giselle teaches both the traditional and the Simply Music method, but prefers to start beginner students off with the Simply Music Method as it is a very creative way of learning the piano that uses patterns and shapes and the students begin to learn the skills of accompanying, arranging and composing before they start reading traditional music notation. This method is regarded as a playing-based approach as it delays the reading of music notation".

**Day available:** Wednesday

**Cost:** by arrangement

## STRINGS

**Canberra Music Tuition - [jmtadmin@iinet.net.au](mailto:jmtadmin@iinet.net.au) or 6299 9154**

**Johnny Reynolds – Guitar**

**Helena Victoria – Violin**



Canberra Music Tuition is Canberra's largest independent music educator, providing individual tuition to hundreds of Canberrans every week, and running in-school programs in dozens of Canberra schools.

CMT currently offer guitar and violin tuition at Holy Trinity on Tuesdays and Thursdays. Instrument hire is available for \$35 per term. To enrol or for more information please call Sarah on 6299 9154. Alternatively, contact Gillian Reilly ([jasonandgillian@mac.com](mailto:jasonandgillian@mac.com)).

**Day available:** Tuesday (violin), Thursday (Guitar)

**Cost:** by arrangement

## Cool Kids

The Cool Kids Program is a world renowned cognitive behavioural therapy program developed at Macquarie University, Centre for Emotional Health, to teach children and parents skills that address anxiety.

The Cool Kids Program is theoretically grounded in the cognitive behavioural approach. The components of the program include:

- cognitive restructuring
- gradual exposure
- responsive prevention
- behavioural experiments
- parent training and skills training in areas such as assertiveness and stress management.



The program is for students from Year Three through to Year Six.

## Holy Trinity Netball 2019

Play Netball for Holy Trinity this winter. Games are on Saturday mornings at the Deakin Netball courts. There is no netball across any of the school holidays. Both boys and girls play netball up to Year 6. The competition starts on Saturday **4<sup>th</sup> May 2019** for all divisions.

### Divisions:

**NetSetGo:** Ages 5-7 (Registration through the Winter Competition link on the SCNA website) - Kinder and Year 1. Fitness and fun games that teach some of the early netball skills. 9am

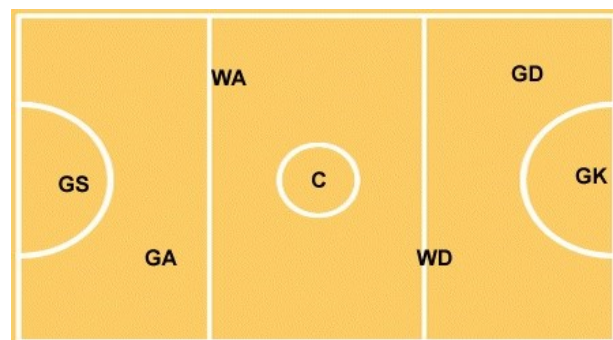
**NetSetGo:** Ages 7- 9 - Year 2 and 3. Modified netball rules, no finals. Played at 9am Juniors: Ages 10-12.

**NetSetGo SET:** Divisions 1 (Yr 3) & Division 2 (Yr 2) Modified rules, no finals, playing at 9am until 10am.

**Juniors GO** (Year 4)- Ages 9-10. 13 week competition from NSG SET to the junior completion, playing full rules. Games will be scored but no ladder is kept. Y4 play full rules but in Div 4 with other Y4 team, no finals.

**Juniors:** Divisions 1-3 (Yr 5 & 6) Games at 10am or 11am depending upon division. Full rules, with finals played. The Winter competition runs for 14 rounds followed by 3 rounds of finals between March and September as determined by the SCNA Calendar.

Any enquires please contact Charlotte or Suwanna at [htpsnetball@gmail.com](mailto:htpsnetball@gmail.com)



# **PERFORM AUSTRALIA**

## **DRAMA DAYS**

### **AT HOLY TRINITY PRIMARY SCHOOL**



A highlight of the term for children who love performing! Perform Australia provides Drama Days at Holy Trinity Primary School that are jam-packed full of activities to develop voice, movement, and performance skills.

Each Drama Day focuses on a theme from which creativity will flow. Twice a year are special Performance Days during which the children create their own plays and share them with family and friends.

The children come to work together one day per term from 9.30 – 3.00pm. The children attend the Drama Day with others in their grade, so we have a day for Kindergarten and Grade 1, Grades 2-4 and Grades 5-6 each term.

Heidi Silberman, the Drama Day Tutor, is a professional actor, writer and teaching artist. She holds a Bachelor of Education.

Children are able to enrol for four programs per year or can enrol by the term when vacancies allow.

Drama Days provide an intensive immersion into the performing arts. Children develop skills in a fun, supportive, safe environment and best of all allow the super star within each child to shine!

**Enrol Now!**



**PERFORM AUSTRALIA**  
LAUNCHING PASSION-DRIVEN ACTORS

## Companies that Hire our Facilities

### **Crafty, arty, creative, fun after school program...**

**Peli&Co**

Come and join us -

**Every Monday after school until 5:30pm**

For students in all years: K-6

There will be...painting, crafting, jewellery making, constructing, card making beading, colouring and so much more ..... all in a warm, small group environment.

**Cost: \$23 per child - per week including afternoon tea and all craft supplies**

Contact Lisa Bauer @ Peli&Co to enrol or for more information

Email: [info@peliandco.com.au](mailto:info@peliandco.com.au) or 0419 439 732

### **IRISH DANCING CLASSES**

Irish Dancing classes will be continuing in our school hall on Thursday afternoons from 3.45 – 4.40pm.

Irish dancing is a great way to keep fit, and make new friends. It also assists with coordination and gross motor skills. The sequences and patterns of the moves make it spectacular to watch.

Anne-Marie Dimmock, is a qualified Irish dancing teacher registered with the Coimision in Dublin Ireland. Anne-Marie competed for many years in local and National competitions with excellent results.



If your child is interested in learning Irish dancing or you would like more information please ring Anne-Marie on 0418 626 911 after 3pm.



### **CHESS**

South Side Kids' Chess Club is seeking new members (K - 6). Any Holy Trinity students or those from other schools in Canberra are welcome. The club is run by FIDE Master, Endre Ambrus, through the ACT Junior Chess League and its weekly meetings include instruction, matches and chess related games.

The club currently meets at the Holy Trinity Church creche/supper room on Tuesdays after school (3.15pm -5.05pm). We will begin on the first Tuesday of the school year (January 31st, 2017). Cost is \$120 per term.

For details or to organise to come along to try for free, contact Endre at [endre.ambrus@gmail.com](mailto:endre.ambrus@gmail.com); Ph: 0401 584 605 or Alison Christie (Chess mom): [alisonchristie11@gmail.com](mailto:alisonchristie11@gmail.com)

Costs and further information at our website on <https://sites.google.com/site/southsidekidschessclub/home>



## SINGING LESSONS



Singing lessons are available through Maureen Read (AMusA), a local teacher in Curtin. Maureen has had a long association with both the school (former parent and also Office Manager from 2006 to 2015) and the parish. She is currently a member of the Music Ministry at Holy Trinity Church and has assisted with a number of Parish/School masses leading the singing. Maureen provides singing lessons at her home in Curtin. For further information please contact Maureen either by email [mread52@gmail.com](mailto:mread52@gmail.com) or on her mobile 0408643664.

## United Taekwondo

Taekwondo is an effective and fun martial art that can build children's confidence, coordination and respect for people and possessions. The children who participate in the Holy Trinity after school Taekwondo program will practice effective and practical self defence skills and gain strength, flexibility and social skills. They will do partner empathy exercises and even experience basic meditation in a safe and friendly environment.



**This is an ideal time for parents to expose their children to a wonderful physical activity. Combine it with after school care for easy pick up!!!**

TAEKWONDO on WEDNESDAYS

Junior class – 3.15pm to 4pm

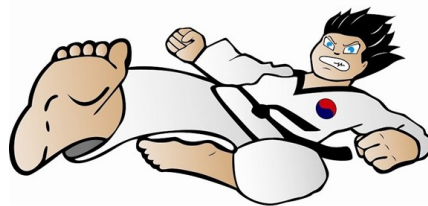
Senior class – 4.15pm – 5pm

In the school hall

If your child would like to give Taekwondo a try, please contact Instructor Sharon on 0401 476 050 or email [utkdcanberra@grapevine.com.au](mailto:utkdcanberra@grapevine.com.au)

**Joining fee is \$200 which includes membership, insurance, a full uniform and training for the entire term. Subsequent terms are only \$105.**

**First class is FREE!**



## Capital Spirit Drill Dance



DrillDance teams perform exciting and challenging routines in categories such as Dance, Prop and Drill-Team. Teams choose their costumes and music to match the theme of each routine. Age groups are Under 8, Under 12, Under 17, Senior & Masters. DrillDance provides opportunities for physical activity, improved posture, coordination and teamwork.

**For more information, please call Alison on 0439 710 988**

# Action Tae Kwon-Do

## After School Class Mondays

**Time: Mondays 3:15 - 4:15pm School Term**

**Location: School Hall Holy Trinity**

**Cost: \$22 per class pay as you go (no contracts)**

**Age: 5 - 12yrs**

**Wear: Sports clothes or school uniform to start**

**Action Tae Kwon-Do is running exciting martial arts classes for children right here at Holy Trinity Primary School. This is a fantastic opportunity for your children to be taught invaluable life skills in a safe environment without leaving the school!**

## Enrolling NOW

**Ph:  
0414 898 888**

**Email:  
info@actiontkd.com.au**



# ACTIONTKD.COM.AU

To help make it a little easier finding teams or people who can answer your questions, we have included a list of parents from within the school who are affiliated with the different sports groups.

*For contact numbers please refer to the 2019 Student Directory.*

**Holy Trinity Sports Contacts (For external sporting clubs/teams)**

**Basketball** - Mel Berg

**Rugby** – Al Campbell / Monica Campbell

**Touch Footy** - Carla McKellar, Al Campbell, Vanessa Prail

**Soccer** - Dean Ashton / Monica Campbell / Al Campbell

**Jnr AFL** – Sarah Collins (Smyth)

**Auskick** -

**Jnr NRL** – Sommer Howard / Courtney Louton

**Oz Tag** - Maryanne Winchester

**Netball** - Charlotte Caceres /Suwanna Danaher

**Rep Netball** - Sharon Hickey

**Tee ball** - Joannah Leahy

**Softball** – Joannah Leahy

**Baseball** - Lana Eldridge

**Master Blaster Cricket** – Felicity Probyn

**Milo Cricket** -Camilla Cavanagh

**Other junior cricket** - Jexin Thomas/ Camilla Cavanagh

**Indoor Cricket** - Nyka Horrobin

**Hockey** – Penny O'Connell/Mick Miller/Andrea Gledhill

**Triathlon** - Alana Bayada/ Gillian Sharp (Reilly)

**Horse Riding/Eventing** - Kathryn Stephenson/Trevor Hickman/Kim Ashton

**Cycling/Veladrome/Stromlo** - Keith Morel

**Crossfit** - Rebecca Manen/Paul Stoddart/ Bernie Dowling

**Circus/Arials** - Rowena Van Ballegooyen

**Kids Pantry** - Paul Gagetti/Sharlene Sheehan

**Tennis** – Trevor Hickman /Sarah Hay (Orton)

**Irish Dancing** - Rani Joseph/Angela Hannan

**Football** - Joseph Barbatano/Lana Eldridge

**Drama** – Sarah Hay (Orton)

**Designer Club** – Maria Gagetti

**Skiing** – Matt Colbert

**Dance** - Julie Scheer/Stephanie Males/Sarah Edwards (Skerbic)

**Gymnastics** – Mel Berg, Jane Foley, Colleen Norton

**Golf** - Mark La Brooy

**Physi Culture** - Beth Hinds

**Swimming** – Gillian Sharp / Kate Royal / Jen Graham

**Little Athletics** – Libby Busby, Sarah Collins (Smyth), Carla McKellar

**Joeys and Cub Scouts (Mt Taylor, Pearce)** – Joannah Leahy

**Lake Burley Griffin Sea Scouts (Yarralumla)** – Joannah Leahy

**Martial arts** – Christie Hartfiel

**Tae Kwon Do** - Kate Quilkey (McLaughlin)/ Loretta Pabian

**Judo** - Rebecca Golack



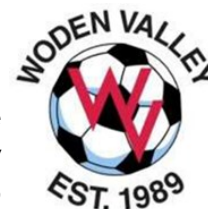
## Local Sporting Clubs



### **Woden Weston Rams Junior Rugby League**

If any students are interested, please contact Kirstie Allard, President, Woden Weston Rams Junior Rugby League at [ramsjuniors.web@gmail.com](mailto:ramsjuniors.web@gmail.com) Home Ground: North Curtin Playing Fields. [http://websites.sportstg.com/club\\_info.cgi?c=1-1084-18165-0-0](http://websites.sportstg.com/club_info.cgi?c=1-1084-18165-0-0).

### **Woden Valley Soccer Club**



- **Under 10 to Under 18 players** – placement sessions (trials) for those aspiring to play in Division 1 teams (U10 -18) commence in February (details are available on our website). Registration is required to participate. Players who wish to be placed with friendship groups, i.e. not in a Division 1 or 2 teams are not required to attend trials. Whole team nominations are encouraged for non-graded teams. Please email details to [admin@wvsc.org.au](mailto:admin@wvsc.org.au)
- **Under 7 to Under 9 players** – please register early to assist with the formation of teams. After 5th March, registrations will only be accepted if spaces are available.
- **Under 6 players** – there are no set teams to form, but numbers will be capped based on available pitches. First come, first served. Please register by 5th March. Please email [admin@wvsc.org.au](mailto:admin@wvsc.org.au) for senior team information

#### **To Register:**

1. **Log into the players section of MyFootballClub: [www.myfootballclub.com.au](http://www.myfootballclub.com.au)**
2. **Select "Woden Valley SC"**
3. **Select your age group for 2019 (package)**
5. **Don't forget to select that your child goes to Holy Trinity**
4. **Register and pay**

For more information, visit <http://wvsc.org.au/registration/> or email [admin@wvsc.org.au](mailto:admin@wvsc.org.au)

### **Rhythmic Gymnastics at Wanniasa!**

Elementz Rhythmic gymnastics offers recreational and competitive Rhythmic Gymnastics programs for children 2yrs and older.



Elementz offers high-quality, dynamic programs that fuse the fundamentals of dance and gymnastics with ropes, hoops, balls, clubs and ribbons. Rhythmic promotes flexibility, strength, coordination and body awareness, working independently and in teams, self-discipline, fun and friendship.

For more information go to our website [www.elementz.com.au](http://www.elementz.com.au)

### **Basketball**

There are many Basketball clubs within the Canberra area. The Southside clubs are:

[Queanbeyan Roadrunners](#)

[Tuggeranong Southern Cross](#)

[Tuggeranong Vikings](#)

[Weston Creek Woden Dodgers](#)



For further information, please contact either the club you are interested in playing for or ACT Basketball on: **Phone:** (02) 6253 3066 or **Email:** [Admin@basketballact.com.au](mailto:Admin@basketballact.com.au)



## Tennis

ANZ Tennis Hot Shots is tennis for kids! It's a program designed to help every child, no matter their age or ability, jump in and start playing tennis. ANZ Tennis Hot Shots is played on smaller courts with modified equipment, including lighter racquets, lower nets and low compression balls that don't bounce too high. It's a great way to encourage your kids to maintain an active lifestyle. Apart from skills like agility, flexibility and speed, the program will help your kids learn important social skills. For more information go to [https://hotshots.tennis.com.au/?gclid=EAlalQobChMlq\\_eWsNC72QIV2AoqCh1hdwRUEAAAYASAAEgIVA\\_D\\_BwE](https://hotshots.tennis.com.au/?gclid=EAlalQobChMlq_eWsNC72QIV2AoqCh1hdwRUEAAAYASAAEgIVA_D_BwE)

## Woden Valley Youth Choir

WVYC offers an extension choir for students aged 6 to 25. All choristers must audition for a position in one of the six different choirs (four main choirs and two vocal ensembles). WVYC rehearse on Tuesday nights at Charles Weston School. The choirs perform at a range of venues throughout the year, such as performing for the Prime Minister and Governor General at Parliament house, ACT Christmas Carols, Mirinjani Nursing Home and local radio stations. If you need further information, please contact us on 1300 599 655 or go to <http://wvyc.org.au/>

## Teeball and Softball

Offering both Baseball and teeball to the Canberra community. For further information on either sport or clubs, please contact Baseball Canberra.

Ph: (02) 6247 7244

Website: [www.act.baseball.com.au](http://www.act.baseball.com.au)

Email: [generalmanager@actbaseball.com](mailto:generalmanager@actbaseball.com)



## AFL Eastlakes

More information or registration can be found at

[http://websites.sportstg.com/club\\_info.cgi?c=1-1051-17828-0-0&slD=374995](http://websites.sportstg.com/club_info.cgi?c=1-1051-17828-0-0&slD=374995) or contact 6228 0999 or email [juniors@eastlakefc.com.au](mailto:juniors@eastlakefc.com.au)

## Calisthenics

Calisthenics is a year round sport and classes are held weekly within school terms, and practice choreographed routines in preparation for competitions, which are held by local and national organisations and give participants a chance to present their routines to an audience and an adjudicator.



For further information, go to <http://www.calisthenicsact.com.au/>

## Little Athletics

Through Little Athletics, athletes are able to develop the skills of running, jumping, and throwing in a fun and social environment. The emphasis for young children participating in physical activity should be placed on self improvement and learning social skills to help address important issues such as child obesity, self image and esteem. Contact: (02) 6247 1296 or visit <http://actlaa.org.au/Home>



## SCOUTS

**Boys and Girls can be Scouts!** Scouts opens the door to a world of adventure, excitement, challenge and achievement. With challenging outdoor activities such as bushwalking, canoeing, sailing, caving, rock-climbing, camping and much more! Scouting gives you community involvement, adventure, personal growth & leadership development. Find out which night your local group meets at your local scout hall (usually a school night with some weekend events)



Joeys age 6 to 8, Cubs age 8 to 11, Scouts age 11 to 14½ and Venturers age 14½ to 17. Visit [www.act.scouts.asn.au](http://www.act.scouts.asn.au) to find your nearest group or call 1800 726 887.



## Swim Club

Burley Griffin Swimming Club caters for all swimmers ranging from development squad swimmers to Australian Team members. The club aims to create a positive and supportive environment in which each swimmer can pursue excellence in competitive swimming to the best of their ability.

The club is located at Canberra Grammar School's indoor 25m pool all year round.

For more information email [bgswimmingclub@gmail.com](mailto:bgswimmingclub@gmail.com)

## East's Rugby Club

East's Juniors accept player registrations for the following age groups, based on the age each player turns during 2019 (eg if the player turns 10 at any time at all between 1 January 2019 and 31 December 2019, they are in the Under 10's age group).

**Under 7's through to Under 17's. Boys and girls all welcome!**

To avoid disappointment, we encourage you to register early to secure a place in a team.

**To register, please contact** [eastsjrufc.registrar@gmail.com](mailto:eastsjrufc.registrar@gmail.com)

East's Juniors pride ourselves on providing a friendly and positive rugby environment for all our players and parents. We actively promote the opportunity for as many kids as possible to play and enjoy the rugby experience. If registration costs are an issue, East's Juniors offer a range of community scholarships to assist.

## Oz Tag

Oztag is a **non-tackling game** and the rules are designed to encourage this. Passing, catching, tagging, and kicking are the skills utilised in Oztag. The object of the game is to score tries. Defenders prevent this by tagging the ball carrier (removing the tag from the shorts). Players must wear official '**Oztag shorts**' with a velcro patch on each side and 2 'tags' (a **strip of cloth** attached to the **velcro on each side of the shorts**, which are supplied at the venue). Tagging instead of tackling is great for players of **all skill levels, size and weight** to compete evenly.



For more information email [admin@actoztag.com.au](mailto:admin@actoztag.com.au) or phone 6251 9650

## Dance Central

Dance Central is Canberra's premier dance studio, bringing the energy and exhilaration of performing arts to thousands.

Dance Central offers over 120 classes in Hip Hop, Contemporary, Ballet, Jazz Funk, Lyrical, Funk Tap and Acrobatics.

From our infamous Blueberries program for toddlers, to professional development programs and elite competitive dance crews, Dance Central is the hub for all things dance in Canberra.

Our state of the art studios are welcoming, inclusive for elite dancers through to those who are just beginning their performing arts journey.

We work with a team of dedicated and committed students. Whether your goal is to make it to elite troupes, have fun or simply get fit, together we can make that happen. We offer you the best in the biz, because you deserve it.

Website: [www.dance-central.com.au](http://www.dance-central.com.au)

Email: [info@dance-central.com.au](mailto:info@dance-central.com.au)

Phone: 02 6282 7609 - 0433 111 800

Location: 13-15 Aintree Ct, Phillip ACT 2606

# DANCE CENTRAL



## Stellar Swim

Canberra's newest  
and best swim school program

Fun and interactive swimming  
lessons for babies, toddlers and  
school aged children in Canberra.

Open now!

corner Launceston Street and Yamba Drive, Phillip

**REGISTER YOUR INTEREST NOW**  
at [stellarswim.com.au](http://stellarswim.com.au)

Stellar Swim is proudly part of the Canberra Southern Cross Club 



## Touch Football

6212 2880

[mitchell.kent@touchfootball.com.au](mailto:mitchell.kent@touchfootball.com.au)



## Cricket

6239 6002

<http://www.cricketaact.com.au/>



## Hockey

(02) 6189 0570

[admin@hockeyact.org.au](mailto:admin@hockeyact.org.au)

<http://www.hockeyact.org.au/>



Gymnastics  
Australian Capital Territory

## Gymnastics

Southern Canberra Gymnastics  
Club

6296 3331

[gymclub@southerncanberra.net](mailto:gymclub@southerncanberra.net)



## Tuggeranong Vikings Water Polo

Contact: [tuggeranongvikingswp@gmail.com](mailto:tuggeranongvikingswp@gmail.com)

Facebook: [www.facebook.com/TuggeranongVikingsWaterPolo/](http://www.facebook.com/TuggeranongVikingsWaterPolo/)